

```
public boolean tripleUp(int[] nums) {
    for (int i = 0; i < nums.length-2; i++) {
        int n1 = nums[i];
        int n2 = nums[i+1];
        int n3 = nums[i+2];
        if (n1 + 1 == n2 && n2 + 1 == n3) {
            return true;
        }
    }
    return false;
}
```